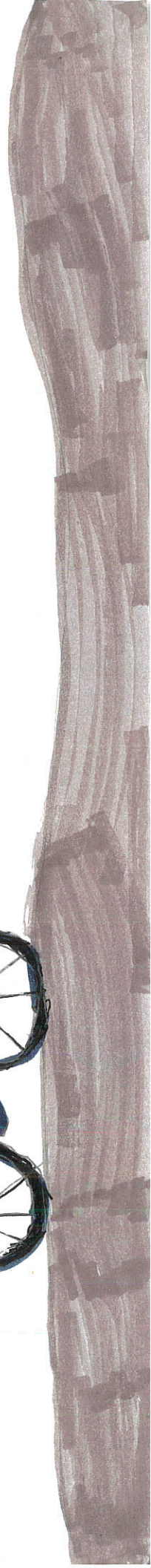
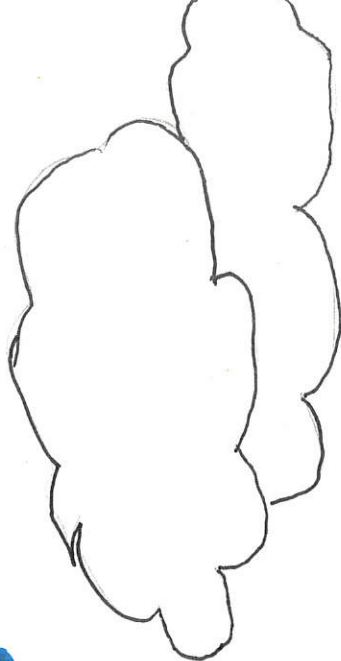


Wear your
helmet



Wear your helmets for bicyclists

You should always wear your helmet when you ride your bike because you never know what can happen you can fall and hurt yourself bad and have a bruise or not worse. So you should always wear your helmet while riding your bike



Say you fall and you land on your head you will be all good no bruises on your head no bleeding. Last time my friend did not have his helmet on and fell then he hurt his head he had to get stitches on his head.