

1. CALL TO ORDER

3:30 SOTO called the meeting to order and lead the PLGEDE OF ALEGENCE.

2. APPROVAL OF AGENDA

SOSTO moved to approve the agenda for meeting.

Seconded by KRUGER

3. APPROVAL OF MINUTES

a. SAC- APPROVAL OF MEETING MINUTES

SOTO moved to approve the minutes from last meeting.

Seconded by KASTNER

COMMENT ON PAGE 3 BY KRUGER THERE IS NO PICKUP OF THE DEBREE BY TEAM.THEY CAN NOT GET INTO THE NEIGHBORHOODS.

KASTNER MOTION TO ACCEPT THE CHANGE AND APPROVE

APPROVED BY SOTO

4. STAFF UPDATES

BRITO- Senior event schedule. We have a special event once a moth now. Number are growing

Holiday party is next week. Open house Tuesday December 13th from 9am-12pm for congregate meal site that will start in January at the Community Center. The requirements are you must be 60 years or older, or you are living with or are assisting a disabled senior. Volunteers for the meal site will also be able to get a meal. We are currently looking for volunteers.

RAHMA- when is more info coming for the meal site?

BRITO- next week

SOTO- who sponsors?

BRITO—the county

KRUGER—name of meal site & when is when is open house?

BRITO- Congregate meal site and open house is December 13th.

SOTO—if they get meals on wheels can they attend?

BRITO- county would assist

When does it start? BRITO—January

Hot meals? —BRITO—yes and very nutritious

12-8-22 SENIOR ADVISORY COMMITTEE NOTES

Where are we looking to do this?—community center

ZIKER- date is the 13th? —yes

Who is providing food—Palm Beach county

OSTROFF

New programing in the community center. We have expanded our evening Zumba classes. Bringing in a meditation instructor. AKETO will be added in. Matter of balance and tai chi

SOTO- COST? Certain classes are free and some have classes

Who brings matter of balance for free? Area agency on aging

BRITO -AARP Class- on Fridays once a month, does need registration

Classes are now on a calendar for seniors to see what's coming up and get information easily.

We have an e-newsletter, Play Wellington. All updates are sent to their email with all events and programs

ZIKER—when is AARP? --- 16th of December. It is the 3rd Friday of the month.

Cost—free class on wellingtons end and the check is given the day of to AARP.

BRITO-Bingo every Wednesday if there is no senior club lunch. Now at the community center

SOTO- How is ATTENDANCE AT EVENTS NOW BACK AT WCC—

BRITO-We are doing well at attendance

SOTO- Are you looking to do a health fair?

BRITO- back in October we had one with 34 vendors. We would love to have all attend our holiday party. Please call the Community Center to register, 561-753-2484.

OSTROFF- we had 73 seniors at Bingo yesterday, 12-7-22.

12-8-22 SENIOR ADVISORY COMMITTEE NOTES

SOTO- what are the prices?

OSTROFF- \$ 3 per card

OSTROFF- During BINGO we have bagels and our PBSO deputies there to help.

SOTO- Big changes to the senior community and events.

BRITO- it is a big team effort

SOTO- is there space at the community center for these events?

BRITO- right now we have the room to grow, but we don't know what the future may hold.

SOTO-big number on bingo

Ostroff – we would love to see 100 for bingo

RAHMAN- are you in need of anything/ volunteers for the holiday party?

BRITO- we would love to have volunteers for food and pies the Holiday party is at 11:30am.

KASTNER- have you thought about trivia since bingo so good?

OSTROFF- We have tried it before Bingo and are looking to bring it back.

BRITO- STAR program has been very busy so seniors are getting back out and going places.

SOTO- how many rides a month?

BRITO—8 one way rides a month. Used to get food and go to the DR.

KRUGER- wellington cares is busy as well

BRITO- we work close to help cover rides.

We are happy to be back and continue to bring the very best we can.

ZIKER- Would like a list of all of the Board Members.

BRITO- SUNSHINE LAW can't communicate outside of the meeting here

SOTO- after doing training, you can congregate, but no phone calls. Cannot discuss any city business.

BRITO- would like to see the committee at the events so the seniors are familiar with them

KRUGER- sent a letter out to people in development. People are interested in:

Global education. So they can better vote. Have more knowledge on things.

Senior living- cost of living/caregivers/alt living

Finances-

They are looking for educational series

BRITO- We have lunch and learns where people can come and get educated on different topics. We do offer these educational type events at the community center done by local business and health care.

KRUGER- alternative senior living?

BRITO- what Kyle and I work on is to help share resources to seniors, with services in Wellington and in surrounding areas. We have a list from OCA

SOTO- Jenifer is great. 2-11 will also help with resources for seniors and support. Would recommend the neighbors to do research. Before sign anything- do research

BRITO- if you know of any senior with any needs (food) call and we will be happy to help

SOTO- maybe you can email him a list of resources

5. OLD BUSINESS

BRITO- nothing

6. NEW BUSINESS

Vote on

a. SAC- SELECTION OF CHAIR & VICE CHAIR

BRITO- any nominations for Chair?

KASTNER- nominates SOTO

RAHMAN & KRUGER—second

BRITO- SOTO new chair

BRITO- any nominations on Vice chair?

SOTO- nominates RAHMAN

ZIKER- second

BRITO- RAHMAN new Vice Chair

7. PUBLIC COMMENT

none

8. BOARD COMMENTS

KASTNER- date of next meeting- march 9th

9. CLOSING COMMENTS

None

10. ADJOURMENT

KASTNER- motioned to adjourn

SOTO Adjourned meeting.