

**WELLINGTON
SENIOR ADVISORY COMMITTEE MEETING
SEPTEMBER 8, 2016 - 3:30 PM
WELLINGTON CITY HALL**

MINUTES

Members Present: Sampson Nebb, Sharon Lascola, Howard Trager, Veronica McCue, Mary Kastner, Sally Schwartz
Members Absent: Jose Soto
Village Staff: Bruce DeLaney, Daryl Boyd, Meridith Tuckwood

I. Call to Order/Opening Comments

The meeting was called to order at 3:30pm.

II. Approval of Agenda

The agenda was approved as presented.

III. Approval of Minutes

A. July 14, 2016

Mr. Trager pointed out that there was a typo on page one of the minutes, the word purported should be reported. Ms. Kastner made a motion to approve the minutes with the minor typographical correction. The minutes were passed unanimously.

IV. Presentations

A. Wellington Cares

Mr. Trager disclosed that he had previously been a board member for the Wellington Cares organization.

Ms. Kathy Foster, Executive Director of Wellington Cares gave a presentation on the programs and services offered by Wellington Cares. She gave some history on how and why the organization was started. The organization began with a goal of helping seniors coming out of a hospital stay but have discovered that there is a population of seniors who have no family or friends nearby and need simple, non-medical services.

Wellington Cares offers what was termed neighborly services including volunteers and rides, including trips outside of Wellington. They also offer assistance with doctor visits. The volunteers take notes at the doctor visit, help purchase the prescriptions, etc. Volunteers also provide services as simple as taking a senior to lunch or to a movie.

Wellington Cares services are free to those they assist with their funding coming from sponsors. They partner with other agencies to provide services as well, including the Wellington Senior Services Division.

Mr. Nebb asked if something can be done to help seniors age in place for seniors who live in multi-level developments where there are no elevators present. Mr. Foster explained that they

agree that there is an issue but it is outside of their reach to assist with adding elevators or in-home elevators.

Ms. Foster gave an example where they were able to work with the Post Office to have a mailbox moved from the street to the door because an elderly resident was afraid to walk up and down the slope of the driveway. Mr. Nebb asked how they would address a similar situation in a development with an HOA that has rules against moving a mailbox. Ms. Foster explained that situations like that are a community wide program and should be addressed.

Mr. Trager asked where most of the requests come from. Ms. Foster explained that the Town Crier ads seem to generate many of their customers. Mr. Trager offered space in the Senior Club publications and Ms. Foster said Wellington Cares would love to take advantage of the offer, including advertising for volunteers.

Mr. Trager also offered the services of the committee to take items of interest to the Village Council. Ms. Foster said they could certainly use help promoting the food bank program and the upcoming fundraiser at the Wanderer's Club.

B. Staff Updates

Meridith Tuckwood, Senior Services Division, gave a brief presentation about upcoming events and services offered by the division. She began by thanking Wellington Cares for all they do for the Wellington Senior population. She also mentioned multiple upcoming events coordinated by the division relating to Falls Prevention Month.

She also gave updates on one-on-one services, senior transportation program, Senior Symposiums and Hurricane Helpers. She also gave examples of new recreation programs offered by the Village.

Mr. Trager shared that the Wellington Senior Club is assisting in promoting services and events for the Division through the Golden Banner. Mr. Trager asked about a health and Wellness event in May. Ms. Tuckwood confirmed that the staff is working on an event and more details would be forthcoming.

Ms. Lascola mentioned she was at the Senior Fair in Royal Palm Beach and picked up information concerning a pets program and would pass the information along to Ms. Tuckwood.

Ms. Kastner announced that she had created an updated HOA contact list. She mentioned that the information she found on the Village website was outdated. She also mentioned that some seniors she knows did not receive the newsletter.

Ms. Schwartz mentioned that she did not get the newsletter. Ms. Tuckwood explained it goes out every 3 months and that the data used is from a 3rd party so it is sometimes inaccurate but that if she were notified of seniors who did not receive a newsletter she could work on getting them on the list.

Ms. McCue suggested that upcoming SAC meeting information be included in promotional materials. Mr. Trager asked if meeting information could be advertised in the Town Crier. Staff indicated they would check into all options.

V. Old Business

Mr. Trager explained that he had said he would speak with the Education Committee but they had not yet elected a chair person so he would speak to them soon. Mr. DeLaney indicated the new chair person is Marcia Hayden and he would forward contact information to Mr. Trager.

Ms. Foster indicated that anyone who wanted to volunteer in the schools could walk into to any of the schools and fill out a volunteer form.

Ms. McCue indicated she had created a report as she had been tasked concerning volunteer opportunities. She indicated she had done some research into ways for seniors to get involved in opportunities and get connected to the community. She said that one thing that her research revealed was that seniors often do not ask if they can volunteer but are more than willing when asked for help. She distributed her report to the other members.

VI. New Business

VII. Public Comment

Ms. Estelle Rubin suggested that the SAC introduce themselves at the next Senior Club Luncheon.

VIII. Board Comments

Mr. Nebb was very pleased with the meeting and thanked Wellington Cares for the assistance they give schools.

Ms. Schwartz was also very pleased with the meeting and very impressed with Wellington Cares.

Ms. McCue thanked everyone for the opportunity to be involved.

Ms. Lascola thanked Wellington Cares and the committee members.

Mr. Trager thanked Wellington Cares for all they do. He indicated the next meeting would be October 13th.

IX. Closing Comments

X. Adjournment

Meeting was adjourned at 4:53pm.

Chairperson