# VILLAGE OF WELLINGTON SENIOR ADVISORY COMMITTEE MEETING MARCH 9, 2017 - 3:30 PM WELLINGTON CITY HALL

# **MINUTES**

Members Present: Sampson Nebb, Howard Trager, Veronica McCue, Mary Kastner, Jose Soto, Sharon Lascola

Members Absent: Sally Schwartz,

Village Staff: Paulette Edwards, Meridith Tuckwood, Bruce Delaney, Geneeka Morris

## I. <u>Call to Order/Opening Comments</u>

The meeting was called to order at 3:30pm.

#### II. <u>Pledge of Allegiance</u>

The Pledge of Allegiance was added to the meeting procedure in order to be consistent with the Village Council meetings.

#### III. Approval of Agenda

*Ms. Kastner made a motion to approve the agenda as presented, seconded by Mr. Soto. The agenda was approved as presented.* 

#### IV. <u>Approval of Minutes</u>

A. Approval of the February 9, 2017 Meeting Minutes

*Ms. Kastner made a motion to approve the minutes as written, seconded by Ms. Lascola. The minutes were passed unanimously.* 

## V. <u>Presentations</u>

## A. Staff Updates

Meridith Tuckwood updated the committee on programs and events. She mentioned that the senior newsletter had been getting good attention and helping to add seniors to programs. She indicated that she would check with the United States Postal Service as it appeared that Village Walk had been excluded from receiving the Golden Banner and newsletter. The Good for You Seminars inherited from Good Sam and brought to Palms West Hospital have been well received. Sixty participants were trained in over 55 CPR. Beginning in April we will partner with Wellington Regional to offer presentations about heart health and stroke. The topic of the March 16<sup>th</sup> Good for You Seminar is all about joint pain. This will be the last presentation received from Palms West Hospital. Shalloway and Shalloway offered a program in February regarding your assets and the benefits of financial planning. There were 98 participants. The

Upcoming Senior Symposiums are scheduled for April 25<sup>th.</sup> Senior transportation continues to expand with 7 new riders signed up in February. The second Matter of Balance classes are scheduled to begin in March along with Iphone/Ipad and android training and programs offered by Parks and Recreation. These events and symposiums are Village wide and free for residents.

Mr. Trager inquired about the possibility of scheduling a Windows 10 training.

Mr. Soto stated that floridalaw.com offered free basic documents.

# VI. Old Business

# A. Educational Volunteer Opportunities

Mr. Trager began by stating that the workshop would be conducted as a focus group to help establish a goal oriented vision under the direction of the committee who will then study and develop a plan for the implementation of a volunteering mentoring program for the school year 2018 and beyond. Mr. Trager had met with Ms. Edwards to discuss the goals for the committee.

Ms. Edwards informed the Committee that as staff liaison, topics relevant to the Village that the Committee wanted to discuss would be related to the Village Council to ensure that the Committee was proceeding in the direction desired by Council. She reported that a member of the Education Committee had reached out indicating a need for Volunteers for a mentoring program. As liaison for the Education Committee, Ms. Edwards reported that the Palm Beach County School Board had selected its High Impact Teachers and many worked in Wellington schools. Those teachers would be recognized at the May 2<sup>nd</sup> Education Committee meeting. The Education Committee was beginning a mentoring program and had reached out to the senior community for volunteers. She and Mr. Trager had discussed utilizing the Senior Advisory Committee's assistance in this pilot program. She requested that those interested in participating let her know and relay the information to other senior residents.

Ms. McCue stated that she had been appointed at the last meeting as liaison to speak with Ms. Albright and Ms. Siskind regarding the mentoring pilot program which was still in its infancy. Ms. Albright indicated that she would be reaching out to Ms. McCue for assistance in designing the program.

Mr. Trager indicated that a joint session with the Education Committee would limit a duplication of efforts. He felt that a workshop was an important step toward coming up with ideas for moving the program forward.

Ms. Edwards suggested that the Committee make a motion to request that staff assist in coordinating a joint meeting of the Senior Advisory and Education Committees.

# Ms. McCue made a motion to select a date for a joint meeting with the Education Committee, seconded by Mr. Soto. Motion passed unanimously

The Committee suggested utilizing Seniors Club Board members, the newsletter, e-mail, the Golden Banner, The Town Crier, HOA's in over 55 communities, the Neighborhood Watch Program, and the Palm Beach Post to promote the mentoring program.

Ms. Edwards stated that she would reach out to coordinate a date for the joint meeting.

Ms. Edwards indicated that Mr. Delaney would provide an update on the request for transportation assistance for seniors attending events at the Community Center.

Mr. Delaney stated that, at this time, there was not enough Village staff available to assist in transporting seniors from their vehicles to the building. Benches had been placed in front of the building so that seniors had seating if they were dropped off or were waiting to be picked up.

Ms. Edwards stated that she would discuss the request with senior staff and determine whether there was an alternate solution.

Ms. Kastner provided information she had put together related to the Volunteer Opportunities.

# VII. <u>New Business</u>

Ms. Lascola requested that additional activities be coordinated for seniors to get out more.

#### VIII. <u>Public Comment</u>

None

# IX. Board Comments

Ms. Tuckwood reported that Ms. McCue had attended a Caregiver conference and had provided her with information received at the event. She would look at future similar events for the members to attend if they were available

Mr. Soto indicated that he would provide information on an upcoming event.

## X. Closing Comments

None

# XI. Adjournment

Ms. Kastner made a motion to adjourn, seconded by Mr. Nebb. The meeting was adjourned at 4:35pm.

Approved and Adopted:

Howard Trager, Chairperson

Date

Geneeka Morris, Recording Secretary

Date